

Kids Depot Menus for August 2018

Monday	Tuesday	Wednesday	Thursday	Friday
				
		1	2	3
		WG PANCAKES Cantaloupe	Banana Bread Strawberries	WG MINI-WHEATS Pineapple
		Busy Day Stew Cornbread Kiwi	Turkey Tetrazzini (WG NOODLES) Cooked Carrots Grapes	Tuna Sandwich (WG BREAD) Watermelon Pickles
		Yogurt Bananas	Apples Milk	Graham Crackers Milk
6	7	8	9	10
WG MINI-WHEATS Fruit Cocktail	Cinnamon TOAST Apples	Waffles Pears	WG CHEERIOS Cantaloupe	OATMEAL Bananas
Chili Corn Chip Bake Corn Cornbread Honeydew	Chicken Alfredo (WG NOODLES) Broccoli Peaches	Egg Salad Sandwich (WG BREAD) Peas, Peppers & Tomatoes Oranges	Haddock Pop's Potatoes Pineapple WG BREAD	Sausage Pizza Lettuce Salad Watermelon
Pretzels Milk	Cheese Sticks Seasoned Oyster Crackers	Rice Cake w/cream cheese Broccoli & Cauliflower	Banana Chips Ritz Crackers	Oatmeal Raisin Muffin Milk
13	14	15	16	17
WG PANCAKES Apples	WG CHEERIOS Honeydew	Bagels w/ cream cheese Pineapple	OATMEAL Bananas	WG MINI-WHEATS Oranges
Tator Tot Casserole Green Beans WG BREAD	Mac-N-Cheese (WG NOODLES) Ham, Peas Cantaloupe	Chicken Noodle Soup (WG NOODLES) String Cheese Kiwi	Hamburger on BUN Watermelon Baked Beans	Turkey & Cheese Sandwich (WG BREAD) Pears Celery & Carrots
Oranges Oyster Crackers	Grapes Pretzels	Raisins Saltine Crackers	Tortilla Chips/Ritz Salsa	Animal Crackers Milk
20	21	22	23	24
Cream of Wheat Applesauce	WG CHEERIOS Honeydew	Blueberry Muffin Bananas	Zucchini Bread Apples	WG MINI-WHEATS Cantaloupe
Baked Spaghetti (WG NOODLES) Corn Pineapple	Tomato Soup Grilled Cheese (WG BREAD) Kiwi	Ham, Cheese & Lettuce Wraps (WG TORTILLAS) Grapes Cucumbers & Tomatoes	Chicken & Cheese Quesdilla (WG TORTILLAS) Refried Beans Oranges	Scrambled Eggs TOAST Hash Browns Watermelon
Graham Crackers Milk	Cottage Cheese Peaches	Hard Boiled Egg Ritz Crackers	Peppers & Carrots Milk	Cheez it's 100 % Juice
27	28	29	30	31
English Muffin w/ Jam Applesauce	OATMEAL Honeydew	WG CHEERIOS Cantaloupe	Banana Bread Strawberries	
Chicken Breast Rice Pilaf Broccoli Pears	Mediterranean QUINOA Salad String Cheese Apples	Busy Day Stew Cornbread Kiwi	Turkey Tetrazzini (WG NOODLES) Cooked Carrots Grapes	
Oranges WHEAT THINS	Carrots & Celery Hummus	Yogurt Bananas	Apples Milk	

WG= Whole Grain; **Bold**=WG and Capital Letters

1%, Unflavored milk is served to children 2 & older

Whole, unflavored milk is served to children 1 yr. olds

Breakfast	Lunch	Snack
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