

# Kids Depot Menus for January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>CLOSED FOR NEW YEAR'S</b>	<b>OATMEAL</b> Bananas Chicken Noodle Soup <b>(WG NOODLES)</b> String Cheese Kiwi Raisins Saltine Crackers	Pumpkin Bread Cantaloupe Tuna Casserole <b>(WG NOODLES)</b> Peas Oranges Tortilla Chips/Ritz Black Bean Dip	<b>WG MINI-WHEATS</b> Apples Hamburger on <b>BUN</b> Pineapple Baked Beans Animal Crackers Milk
Cream of Wheat Honeydew Baked Spaghetti <b>(WG NOODLES)</b> Corn Pineapple Cucumbers & Tomatoes w/ ranch Milk	English Muffin w/ Jam Mandarin Oranges Tomato Soup Grilled Cheese <b>(WG BREAD)</b> Pears Cottage Cheese Peaches	Blueberry Muffin Bananas Scrambled Eggs <b>TOAST</b> Hash Browns Cantaloupe Oranges Oyster Crackers	<b>WG CHEERIOS</b> Apples Turkey Tetrazzini <b>(WG NOODLES)</b> Cooked Carrots Grapes Peppers & Carrots Milk	<b>OATMEAL</b> Pears Chicken & Cheese Quesdilla <b>(WG TORTILLAS)</b> Refired Beans Honeydew Cheez it's 100 % Juice
Cinnamon <b>TOAST</b> Applesauce Chicken Breast Rice Pilaf Broccoli Peaches Oranges <b>WHEAT THINS</b>	Cream of Wheat Cantaloupe Mediterranean <b>Quinoa</b> Salad String Cheese Apples Carrots & Celery Hummus	<b>WG MINI-WHEATS</b> Honeydew Busy Day Stew Cornbread Pineapple Yogurt Bananas	Banana Bread Pears Sloppy Joes <b>(WG BUN)</b> French Fries Oranges Apples Milk	<b>OATMEAL</b> Cantaloupe Ham & Cheese Sandwich <b>(WG BREAD)</b> Grapes Carrots & Celery Oatmeal Raisin Muffin Milk
Waffles Apples Tator Tot Casserole Green Beans <b>Bread</b> Pretzels Milk	Bagel w/ cream cheese Applesauce Haddock Pop's Potatoes Pineapple <b>WG BREAD</b> String Cheese Seasoned Oyster Crackers	Cream of Wheat Cantaloupe Chicken Alfredo <b>(WG NOODLES)</b> Broccoli Peaches Rice Cake w/cream cheese Broccoli & Cauliflower	<b>WG CHEERIOS</b> Pineapple Taco Salad Breadstick Honeydew Banana Chips Ritz Crackers	<b>OATMEAL</b> Bananas Sausage Pizza Lettuce Salad Oranges Graham Crackers Milk
<b>WG PANCAKES</b> Mandarin Oranges Chili Corn Chip Bake Corn Pears Cornbread Hard Boiled Egg Ritz Crackers	Cream of Wheat Apples Mac-N-Cheese <b>(WG NOODLES)</b> Ham, Peas Cantaloupe Grapes Pretzels	Zucchini Bread Bananas Chicken Noodle Soup <b>(WG NOODLES)</b> String Cheese Kiwi Raisins Saltine Crackers	<b>OATMEAL</b> Cantaloupe Tuna Casserole <b>(WG NOODLES)</b> Peas Oranges Tortilla Chips/Ritz Black Bean Dip	

WG= Whole Grain; **Bold**=WG and Capital Letters

Breakfast	Lunch	Snack
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1%, Unflavored milk is served to children 2 & older  
 Whole, unflavored milk is served to children 1 yr. olds

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