

Kids Depot Breakfast and Snack Menu

October 2024

	1	2	3	4
	WG CHEERIOS Apples	OATMEAL Honeydew	Frosted Flakes Grapes	Waffles Bananas
Cheesy Ranch Chex Mix Milk	Yogurt Banana	Raisins Saltines	Animal Crackers Milk	
7	8	9	10	11
OATMEAL Oranges	WG MINI-WHEATS Pears	Bagels with Cream Cheese Grapes	Frosted Flakes Bananas	Pumpkin Bread Cantaloupe
Carrots & Celery Hummus	Cottage Cheese Pineapple	Pretzels Milk	Oranges WHEAT THINS	Banana Chip Muffin Milk
14	15	16	17	18
Pancakes Apples	WG CHEERIOS Cantaloupe	OATMEAL Grapes	WG MINI-WHEATS Banana	Banana Bread Oranges
Cottage Cheese Dip WHEAT THINS	Seasoned Oyster Crackers String Cheese	Apples Milk	Trail Mix Milk	Cheezits 100% Juice
21	22	23	24	25
Cinnamon Toast Applesauce	Frosted Flakes Pears	OATMEAL Honeydew	WG CHEERIOS Bananas	Blueberry Muffin Cantaloupe
Cucumber & Tomato w/ ranch Milk	Black Bean Dip Ritz Crackers	Apples Cheese Slices	Pretzels Grapes	Graham Crackers Milk
28	29	30	31	
English Muffins w/jam Apples	WG MINI-WHEATS Honeydew	OATMEAL Honeydew	Frosted Flakes Grapes	
Oranges Oyster Crackers	Cheesy Ranch Chex Mix Milk	Yogurt Banana	Raisins Saltines	

Breakfast

Snack

WG=Whole Grain; **Bold**=WG and Capital Letters
 1%, Unflavored milk is served to children 2 & older
 Whole, unflavored milk is served to children 1 yr. olds
 Breakfast is always served with milk

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